



LUXURY IN ASIA: A NEW FRONTIER

Hear from luxury lifestyle experts **Ho Kwon Ping, Paul Harris, Aw Kah Peng, Manoj Murjani** and **Ravi Thakran** in the first-ever Singapore Tatler conference on marketing to the Asian luxury buyer.

CLICK HERE FOR MORE INFO

Venue:
The St Regis
Singapore -
John Jacob
Ballroom
Date:
5 October 2011,
Wednesday



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Bulgari Mediterranean Eden Showcase



Steinway Gallery Singapore Grand Opening

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THADANI, ANIL

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TOP STORIES

Pampering Essentials For A Home Spa Experience

A home spa rejuvenates the body and mind at the end of a long week. Deck out your personal retreat with pampering must-haves to sweep your cares away

BY ROSSARA JAMIL
21 JUL 16:00



Hands On

Curious about massage techniques to relieve tension in the body? Get started on massage classes at the Banyan Tree Spa Academy in Phuket, Thailand. Guests are guided on various spa-related issues, from preparing simple treatment recipes with ingredients in the kitchen, to techniques for relaxing specific muscles in the body. Have fun attending the lessons with your partner or friends to learn more about making your home spa a haven of tranquility. "Massages and treatments help to energise the body and relieve tense muscles while promoting circulation and detoxification," says Ravi Chandran, senior vice president and managing director, spa operations of Banyan Tree Spa



Breathe In

Infusing any space with scented candles adds to the feeling of calm and evokes an intimate, cosy atmosphere with its warm, gentle glow. Luxury Parisian brand Diptyque's line of scented candles is

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available in a variety of blends to stimulate the senses. Complement your experience with its range of perfumes and body fragrances to keep you in a relaxed mood for the rest of the day.



Take a Sip

After a good knead, cleanse your system with a cup of freshly brewed floral tea. An infusion of Sakura! Sakura! tea in a classic teapot from TWG is a good remedy for recharging the senses. Its aromatic blend of cherry blossoms and green tea soothes the nerves and calms the mind, setting your body on relax mode.



Towel Dry

Wrap up in style with plush fabrics that embrace the body and bring sensual comfort to the skin. These full cotton towels and matching bathrobes by Missoni available at Vanilla Home, come in a variety of bold, fun colours the fashion house is famous for.